



FORMASEIP

Formation santé et sécurité au travail

## PROGRAM FIRST AID AT WORK

We believe that it's absolutely unacceptable that so many people die needlessly, because no one could give them first aid when they needed it.

**FROM:** 4 to 10 persons

**COURSE LENGTH :** 12 hours (2 days)

### **WHO SHOULD ATTEND?**

It is designed for people who want to receive our most thorough first aid training.

This course provide the comprehensive set of practical skills needed to become a confident first aider at work, giving you both the ability and knowledge to deal with first aid emergencies.

### **ASSESSMENT :**

- Our training can take place either at one of our training centers or conveniently at your premises.
- The qualification is assessed via on-going oral questioning and practical demonstrations.
- Mainly practical session.

### **WHAT YOU WILL LEARN :**

- The first aider
- Assessing the situation
- Assessing the victim
- Methods of assessment :
  - Primary survey
  - Secondary survey
- Bleeding (severe)
- Choking
- Pains, casualty movement
- Stroke
- Burns
- Bleeding (minor) and types of wound
- Eye injuries
- Unconscious casualty
- Recovery position
- How to give CPR, adult/child/baby
- How to use AED

### **OUR TEAM :**

- Our team consists of dedicated professionnels (Paris fire fighter, paramedics...)
- Our First Aid qualifications are accredited by the French INRS (Institut national de Recherche et de Sécurité)
- Our trainers are all experienced in First Aid in the workplace and hold teaching qualifications.

### **CERTIFICATION :**

- All successful students will be issued with official first aid at work certificate.